



Essential Beginner Cowl (Knitted)

with YouTube Help Video

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This knitted essential beginner cowl is a great first pattern because it uses larger knitting needles, bulky weight yarn, and is done in garter stitch rows. This cowl goes along with the Beginner Knitting video from Naztazia. Check out the how-to video on the Naztazia YouTube channel here: <http://youtube.com/naztazia> And feel free to Pin photos or check out other info at: <http://naztazia.com>

Materials:

2 skeins Red Heart Essentials yarn (Bulky weight, 131 yds / 120 m). 1 in Turquoise, 1 in Minty. If you choose to make a solid color, only 1 skein is needed.

US Size 13 (9 mm) single-point needles, 10"/25.4 cm

Yarn needle, Scissors, Buttons (optional, for decoration)

Size/Gauge

Finished size: 6.25"/15.9 cm by 25"/63.4 cm circumference (not stretched).

Gauge: 11 ST x 18 rows = 4"/10.2 cm in garter stitch.

Instructions:

Be sure to check out the YouTube tutorial: <http://youtube.com/naztazia>

With Turquoise, cast on 17.

Rows 1-14: Knit.

Rows 15-28: with Minty, Knit.

Rows 29-42: with Turquoise. Knit.

Rows 43-56: with Minty, Knit.

Rows 57-70: with Turquoise, Knit.

Rows 71-84: with Minty, Knit.

Rows 85-98: with Turquoise, Knit.

Rows 99-112: with Minty, Knit.

Cast off, leaving an 18" tail for sewing. Sew short ends together to form a ring. Weave in all ends. Sew on optional decorative buttons.