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Awareness Ribbon Potholders with YouTube Help Video

These make great gifts for friends and family. Make them to raise both awareness and money for your cause.

Help Video: www.youtube.com/naztazia

Look for the video "Awareness Ribbon Potholders"

Materials

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- Yarn: Approx. 200 yards of worsted weight 100% cotton or 100% wool yarn for both potholders (100 yards each). 100% acrylic yarn can melt & burn at higher temps, but can be used if the potholders are for decorative use only. Additional 50 yards of same type of yarn in contrasting color(s) for the two ribbons.
- Crochet hook: size G & H.
- <u>Stitch markers</u>: 6 markers.
 You can substitute paper clips, pieces of yarn, or safety pins.
- Other: yarn needle & scissors.
 Magnetic strip tape and hot glue gun if making ribbon refrigerator magnets.
- Gauge is not necessarily important.



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Ribbon: With a G hook, make a slipknot. Keep 6 stitch markers handy. Chain 36 – and while chaining, place 1 stitch marker in chain #7 and 1 stitch marker in chain #29.

Row 1: Skip the first chain and make 1 single crochet in the second chain from the hook. Continue making 1 single crochet stitch in each of the next 34 chains across. By the end of the row, you will have made a total of 35 single crochet stitches. Chain 1 and turn your work.

Row 2: (skip the chain you just made). We will do this row in 3 sections:

- First, do 1 single crochet in each of the next 12 stitches in this row
 placing a stitch marker into single crochet #7 and #10.
- For the next 11 stitches in this row, you will do 2 single crochets in each stitch.
- Finally, for the last 12 stitches, you will do 1 single crochet in each stitch – placing 1 stitch marker into single crochet stitch #3 and #6.

You can choose to continue on with the same color, or join with a contrasting yarn for the outer edging. Chain 1 and turn your work.

Edging: Do 1 single crochet in each of the next 6 stitches. Grab the other end and form it into an upside down ribbon, crossing on top. Match up your 2 stitch markers and do 1 single crochet through both marked stitch layers. Do 1 single crochet in each of the next 5 stitches. Do 3 single crochets in the corner of the last stitch. Pivot your work and do 3 single crochets in the adjacent corner. Do 1 single crochet in the next 5 stitches. Match up your 2 stitch markers and do 1 single crochet through both marked stitch layers. Next, do 1 single crochet in each stitch around, stopping before the next marked stitch. At the next marked stitch, match up your 2 stitch markers and do 1 single crochet through both marked stitch layers. Do 1 single crochet in each of the next 5 stitches. Do 3 single crochet stitches in the next stitch (corner). Pivot and do 2 single crochet stitches in the remaining corner. Slip stitch to the first stitch. If you plan on sewing this to the potholder, leave a longer tail end and fasten off. If you plan on using this ribbon by itself (as a refrigerator magnet), then fasten off and weave in all ends.



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Consider making just the crocheted ribbons and using them as refrigerator magnets.

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To do so, purchase strips of magnetic tape (1 inch wide) from your local craft store or craft aisle of discount shops. Cut strips into 1 inch wide by ½ inch tall. Use a hot glue gun and apply glue to the back of the magnetic tape. Then apply the magnets to the back of the crocheted ribbon. Most magnetic tape is already sticky on the back, but the hot glue helps secure it even more. I like to place the magnets in 3 places - along the top of the ribbon, and sideways along the two bottom ends.

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<u>Double-Thick Potholder:</u> With an H hook, make a slip knot. Then chain 36 - not too tightly, but not too loosely either, for you will need to crochet along both sides of the chain.

Round 1: Skip the first chain, and do 1 single crochet in the next chain. Do 1 single crochet in each of the remaining chains. You should have 35 single crochet stitches. Pivot your work (do not chain 1) and do 1 single crochet on the other side of the chain.

Round 2: Continue working in rounds (spirals). Do not chain 1, do not slip stitch. You will begin by just doing 1 single crochet in the very first single crochet that you did in round 1. Continue doing 1 single crochet in each stitch around.

Continue working in rounds until approximately 15-16 full rounds. At this point, your potholder will fold-over onto itself into a double-thick diamond shape. You may need to add/subtract a few rounds, depending upon the yarn used. Once enough rounds have been completed, leave a long tail and cut your yarn. Do not sew the seam just yet.

Hanging Loop:

If you would like to add a hanging loop, begin by leaving some extra yarn at the beginning and make a slipknot. Then chain 7. Slip stitch to the first chain to form a ring. Chain 1. Do 12 single crochet stitches within the ring. Slip stitch to the first single crochet, leave some extra yarn, cut and fasten off.

Finishing:

Attach the hanging loop to the top of the potholder, knotting it securely inside the potholder. Sew the ribbon onto the front side of the potholder. Once completed, sew the final back seam of the potholder.

Be sure to check out the YouTube video for this project if you need assistance with any step: www.youtube.com/naztazia (look for Awareness Ribbon Potholders)