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FREE PATTERN & VIDEO



#### Materials:

- 150 yards of 100% cotton yarn. 2 strands of yarn will be held together.

- Size H (5mm) crochet hook for the crochet version or Size 10.5 knitting needles for the knitted version

- Sewing needle, scissors

American English Crochet Terms

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# Easy Knit & Crochet Chinese Knot Ball Scrubbie

 Super Cute!

 Help Video:
 youtube.com/naztazia

 Look for the video "Ball Scrubbie"

## Crochet Version:

- With 2 strands of yarn held together and an H hook, chain 81.
- Skip the first chain and insert hook into the next chain and do 1 single crochet stitch. Repeat single crochet stitch across row, for a total of 80 single crochets on that row.
- Do 5 total rows of 80 single crochet stitches on each row. Crochet in the back loops for a nice ribbed effect.
- Change colors if desired (see video for easy method).
- Leave 10" tail at the end. Weave in other ends.
- Watch video for how to twist and sew it into shape! <u>http://youtube.com/naztazia</u> (look for ball scrubbie)

### Knit Version:

- With 2 strands of yarn held together and size 10.5 knitting needles, cast on 80 stitches.
- Knit across row.
- Do 9-10 rows of knit stitches.
- Change colors if desired (see video for easy method).
- Leave 10" tail at the end. Weave in other ends.
- Watch video for how to twist and sew it into shape! <u>http://youtube.com/naztazia</u> (look for Ball Scrubbie)

Be sure to check out the YouTube video for this project if you need assistance with any step: <u>youtube.com/naztazia</u> (look for Ball Scrubbie)