

FREE PATTERN
& VIDEO



Easy Knit & Crochet Chinese Knot Twisted Scrubbie

Super Cute!

Help Video: youtube.com/naztazia

Look for the video "Twisted Scrubbie"

Crochet Version:

- With 2 strands of yarn held together and an H hook, chain 51.
- Skip the first chain and insert hook into the next chain and do 1 single crochet stitch. Repeat single crochet stitch across row, for a total of 50 single crochets on that row.
- Do 6 total rows of 50 single crochet stitches on each row. Crochet in the back loops.
- Change colors if desired (see video for easy method).
- Leave 10" tail at the end. Weave in other ends.
- Watch video for how to twist and sew it into shape!
<http://youtube.com/naztazia> (look for twisted scrubbie)

Knit Version:

- With 2 strands of yarn held together and size 10.5 knitting needles, cast on 50 stitches.
- Knit across row.
- Do 12-14 rows of knit stitches.
- Change colors if desired (see video for easy method).
- Leave 10" tail at the end. Weave in other ends.
- Watch video for how to twist and sew it into shape!
<http://youtube.com/naztazia> (look for Twisted Scrubbie)

Materials:

- 150 yards of 100% cotton yarn. 2 strands of yarn will be held together.

- Size H (5mm) crochet hook for the crochet version or Size 10.5 knitting needles for the knitted version

- Sewing needle, scissors

American English Crochet Terms