



Shells and Post Stitch (Crochet)

with YouTube Help Video

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Here's a fun stitch pattern that consists of a simple shell stitch separated by front and back post stitches. You can use this for a scarf, blanket, shawl, handbag, and more. Check out the how-to video on the Naztazia YouTube channel here:

<https://youtube.com/nasztazia> And feel free to Pin photos or check out other info at:
<https://nasztazia.com>

Terminology:

CH = Chain	BPDC = Back Post DC	DC = Double Crochet
FPDC = Front Post DC	RPT = Repeat	SHELL = (2 DC, CH 1, 2 DC)
SK = Skip/Miss	SP = Space	ST= Stitch

Instructions:

Watch the YouTube tutorial video here: <https://youtube.com/nasztazia> Look for "Crochet Shells and Post Stitch."

Multiple of 6+4. For this sample, CH 40.

ROW 1: SHELL in 7th CH from hook. RPT [SK 2 CHs, 1 DC in next CH, SK 2 CHs, SHELL] across, ending with 1 DC in last CH. Mark any ST on this row to designate the "front side." CH 3, turn.

ROW 2: RPT [In CH-1 SP, SHELL. BPDC around DC] across, ending with 1 DC on top of turning CH. CH 3, turn.

ROW 3: RPT [In CH-1 SP, SHELL. FPDC around DC] across, ending with 1 DC on top of turning CH. CH 3, turn.

ROWS 4+: RPT ROWs 2 & 3, ensuring the post DCs create a 3D effect on the "front side."