



# Foundation Stitches (Crochet)

with YouTube Help Video

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Here you will find the instructions for making the foundation single crochet, foundation half double crochet, foundation double crochet, and foundation treble crochet. Check out the how-to video on the Naztazia YouTube channel here: <https://youtube.com/naztazia> And feel free to Pin photos or check out other info at: <https://naztazia.com>

## Terminology:

CH = Chain	DC = Double Crochet	HDC = Half Double Crochet
RPT = Repeat	SC = Single Crochet	SLST = Slip Stitch
ST= Stitch	TR = Treble Crochet	

## Instructions:

Watch the YouTube tutorial video here: <https://youtube.com/naztazia> Look for “Foundation Stitches.”

### FOUNDATION SINGLE CROCHET

#### First Stitch:

- Slipknot. CH 2. Insert hook into 2<sup>nd</sup> CH from hook.
- Yarn over and draw up a loop. CH 1.
- Yarn over and complete the SC.

#### Subsequent Stitches:

- Insert hook under both side loops.
- Yarn over and draw up a loop. CH 1.
- Yarn over and complete the SC.

## **FOUNDATION HALF DOUBLE CROCHET**

### First Stitch:

- Slipknot. CH 3. Yarn over. Insert hook into 3<sup>rd</sup> CH from hook.
- Yarn over and draw up a loop. CH 1.
- Yarn over and complete the HDC.

### Subsequent Stitches:

- Yarn over and insert hook under both side loops.
- Yarn over and draw up a loop. CH 1.
- Yarn over and complete the HDC.

## **FOUNDATION DOUBLE CROCHET**

### First Stitch:

- Slipknot. CH 4. Yarn over. Insert hook into 4<sup>th</sup> CH from hook.
- Yarn over and draw up a loop. CH 1.
- Yarn over and complete the DC.

### Subsequent Stitches:

- Yarn over and insert hook under both side loops.
- Yarn over and draw up a loop. CH 1.
- Yarn over and complete the DC.

## **FOUNDATION TREBLE CROCHET**

### First Stitch:

- Slipknot. CH 5. Yarn over twice. Insert hook into 5<sup>th</sup> CH from hook.
- Yarn over and draw up a loop. CH 1.
- Yarn over and complete the TR.

### Subsequent Stitches:

- Yarn over twice and insert hook under both side loops.
- Yarn over and draw up a loop. CH 1.
- Yarn over and complete the TR.

