



# Alpine Stitch (Crochet)

with YouTube Help Video

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The alpine stitch is a lovely textured stitch that works nicely for pretty much any crochet project you have in mind. The alternating front post double crochet stitches form the nice 3D effect you see. Check out the how-to video on the Naztazia YouTube channel here: <https://youtube.com/naztazia> And feel free to Pin photos or check out other info at: <https://naztazia.com>

## Terminology:

CH = Chain

DC = Double Crochet

RPT = Repeat

SC = Single Crochet

ST= Stitch

E-FPDC = Extended Front Post Double Crochet

## Materials:

This sample was made with worsted weight yarn and a size H 5 mm hook. If you tend to crochet with a tighter tension, you might want to go up 1 or 2 hook sizes to avoid curling with this stitch.

## Instructions:

Watch the YouTube tutorial video here: <https://youtube.com/naztazia> Look for "Alpine Stitch."

Both the CH and ST multiple are an EVEN number of STs.

For this sample, CH 26.

ROW 1: DC in 4<sup>th</sup> CH from hook and in each ST across. Total = 24 STs. CH 1, turn.

ROW 2: SC in each ST across. Total = 24 STs. CH 2, turn.

NOTE: CH 2s will always begin a DC/E-FPDC row. They will substitute for whatever the first ST ought to be in the pattern.

ROW 3: (CH 2 serves as a DC). In the next ST, E-FPDC around ROW 1's DC from below. Ensure when you draw up the loop, it is just above the fabric. This will avoid curling of the final project. RPT [In the next ST, DC on top of the SC row. In the next ST, E-FPDC around ROW 1's DC] across. CH 1, turn.

ROW 4: SC in each ST across. CH 2, turn.

ROW 5: (CH 2 serves as E-FPDC). In the next ST, DC on top of the SC row. RPT [In the next ST, E-FPDC around ROW 3's DC. In the next ST, DC on top of the SC row] across. CH 1, turn.

ROW 6: SC in each ST across. CH 2, turn.

ROW 7: RPT [DC, then E-FPDC] across. CH 1, turn.

ROW 8: SC in each ST across. CH 2, turn.

ROW 9: RPT [E-FPDC, DC] across, CH 1, turn.

Continue in pattern for the desired height.

