



# Lace Sleeves (Crochet)

with YouTube Help Video

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These Crochet Lace Sleeves work great for a tank top or sleeveless dress. They are easy to make with a lighter weight yarn or crochet thread. Check out the how-to video on the Naztazia YouTube channel here: <https://youtube.com/nasztazia> And feel free to Pin photos or check out other info at: <https://nasztazia.com>

### Terminology:

CH = Chain

DC = Double Crochet

RPT = Repeat

ST = Stitch

V-ST = V Stitch. Generic term for STs with shell-like DC(s) with a CH-1 in between

### Size/Gauge:

One size will fit most. These sleeves can fit teen or adult tank tops from XS to 2X. Minor ROW 1 alterations for other sizes are explained in the pattern. 6 1-DC Vs & 7 ROWs = 4" SQ

### Materials:

115 yards of size 3 crochet thread, or a fingering/sport weight yarn. Sample used Red Heart Fashion Crochet Thread Size 3. Size G 4 mm crochet hook. Yarn needle, sewing needle, matching sewing thread, scissors, tank top.

### Instructions:

Watch the YouTube tutorial video here: <https://youtube.com/nasztazia> Look for "Crochet Lace Sleeves."

MAKE 2 SLEEVES: CH 6. SLST to first CH to form a ring. Although pattern starts with a ring, pattern is worked in back-and-forth ROWs.

ROW 1: CH 3 (counts as 1 DC). Make 7 DC in ring. (Total = 8 STs). Turn.

NOTE: ROW 1 forms the foundation for the width of the sleeve. If you have a tank top opening that is significantly different than a standard width, you can add or subtract any number of DCs in this ring to accommodate a smaller/larger width.

ROW 2: CH 3. RPT [(1 DC, CH 1, 1 DC) between DCs, CH 1] across. At the end, omit last CH-1 and DC on top of turning CH. (Total = 7 V-STs with a DC/CH-3 on ends). Turn.

ROW 3: CH 3. RPT [(1 DC, CH 1, DC) in previous ROW's V-ST, CH 1] across. At the end, omit last CH-1 and DC on top of turning CH. (Total = 7 V-STs with a DC/CH-3 on ends). Turn.

ROW 4: CH 3. RPT [(2 DC, CH 1, 2 DC) in previous ROW's V-ST, CH 1] across. At the end, omit last CH-1 and DC on top of turning CH. Turn.

ROW 5: CH 3. RPT [(2 DC, CH 1, 2 DC) in previous ROW's V-ST, CH 1] across. At the end, omit last CH-1 and DC on top of turning CH. Turn.

ROW 6: CH 3. RPT [(3 DC, CH 1, 3 DC) in previous ROW's V-ST, CH 1] across. At the end, omit last CH-1 and DC on top of turning CH. Turn.

ROW 7: CH 3. RPT [(3 DC, CH 1, 3 DC) in previous ROW's V-ST, CH 1] across. At the end, omit the last CH-1 and DC on top of turning CH. Turn.

ROWS 8+: Continue repeating in pattern, increasing all DCs (except ending ones) by +1 every 2 ROWs until length is correct for the sleeve and tank top opening.

Fasten off, weave in ends. Position the top of the crochet sleeve at the top center of the tank top sleeve opening (usually at the seam if there is one). Hand sew the sleeve to the tank top using matching sewing thread and needle. Use the whip stitch or other suitable stitch. Take small stitches around to secure the sleeve to the tank top. Fasten off. Repeat for the other sleeve.

