



Easy Twisted Headband (Crochet)

with YouTube Help Video

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The Crochet Easy Twisted Headband is a nice accessory that has a cute twist in it. It works up fast and easy! Check out the how-to video on the Naztazia Facebook page here: <https://facebook.com/naztazia> or the Naztazia YouTube channel here: <https://youtube.com/naztazia> And feel free to Pin photos or check out other info at: <https://naztazia.com>

Terminology:

CH = Chain

RPT = Repeat

SC = Single Crochet

SC2TOG = Single Crochet Two Together

ST= Stitch

Supplies:

100 yards of worsted weight yarn. Sample used 100% acrylic. Size H 5 mm crochet hook. Yarn needle, scissors. Soft measuring tape.

Size/Gauge:

Sample is for a 22" woman's head. Other sizes include men's (24"), teen (21"), and child (20"). Gauge = 10 STs and 11 ROWs = 4" SQ.

Instructions:

CH 56 or any number to achieve the size needed (no multiples). Take measurements every so often to ensure the band will fit head. Use Back Loops Only throughout.

ROW 1: SC in 2nd CH from hook and in each CH across. CH 1, turn work. Total = 55 STs.

ROW 2: SC in first ST. RPT [SC2TOG using the last ST and the next ST] across. CH 1, turn work. Total = 55 STs.

ROW 3: SC across. CH 1, turn work.

ROWS 4-11: RPT ROWS 2 & 3, ending on a SC row. This should equal about 4-4.5 inches. Feel free to add or subtract rows to your liking. After the last row, fasten off and leave an 8" tail end for sewing.

TWIST:

Fold the rectangle in half with the two ends in the center. Pinch the one end, then pinch the other end and combine the two. The video shows this in detail. Sew the four layers together. Weave in all ends. Once completed, turn the headband to the other side and adjust the twist as needed.

ALTERATIONS:

CHILD: 20" inch head. CH 50. Each ROW = 49 STs. Make 9 ROWs.

TEEN: 21" inch head. CH 53. Each ROW = 52 STs. Make 11 ROWs.

MEN'S: 24" inch head. CH 61. Each ROW = 60 STs. Make 11 ROWs.

