



Headband with Hair Elastic (Crochet)

with YouTube Help Video

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This crochet headband with a hair elastic tie is easy to make in one color or stripes. It works great with any hair style and all year round! Check out the how-to video on the Naztazia Facebook page here: <https://facebook.com/nasztazia> or the Naztazia YouTube channel here: <https://youtube.com/nasztazia> And feel free to Pin photos or check out other info at: <https://nasztazia.com>

Terminology:

CH = Chain	DC = Double Crochet	RPT = Repeat
SC = Single Crochet	SLST = Slip Stitch	SP = Space
ST = Stitch	YO = Yarn Over	

DC-CL = YO, insert hook into ST, draw up loop. YO, take off 2 loops. YO, insert hook into same ST, draw up loop. YO, take off 2 loops. YO, draw through all 3 loops.

Materials:

55 yds of medium weight yarn. Sample used Thread Art Cotton Yarn. Size G 4 mm crochet hook. Hair elastic (suggested size 1.5" in diameter) Scissors, yarn needle.

Size/Gauge:

Average adult head. Instructions provided to make smaller or larger sizes. Gauge is not important.

Instructions:

Use either 1 solid color or change colors every row. If you change colors every row, carry the unworked yarn along and crochet over it.

Place a slipknot on hook and SC into elastic. Make 29 more SC into elastic. SLST to top of first SC. Total = 30 SC (8 on top, 8 on bottom, 7 on left, 7 on right). NOTE: Feel free to alter this number to better fit the elastic. Minimum SC required is 16 (8 for the top and 8 for the bottom of elastic). Add a consistent number of stitches on both the right and left side. e.g. 8 top, 8 bottom, 4 on left, 4 on right for a total of 24 SC.

ROW 1: CH 3. (DC-CL in next ST. CH 1. DC-CL in next ST). (DC-CL in next ST. CH 1. DC-CL in next ST). (DC-CL in next ST. CH 1. DC-CL in next ST). DC in next ST. Turn.
ROW 2: CH 3. (DC-CL, CH 1, DC-CL) in each CH-1 SP from previous ROW. DC on top of turning CH. Turn.

RPT ROW 2 until you have a total of 31 ROWs or about 20" or desired height, ending on an ODD # of ROWs.

With ROW 31 in front, bring the front of elastic up and to the back. SLST only the DC, DC-CL, and CH-3 from ROW 31 to elastic (do not SLST the CH-1s). It is suggested to SLST only the back loops of ROW 31 to both loops of the elastic. Fasten off and weave in ends.

